



Rye Community Primary School & Starfish Pre-school
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11th December 2023

Year 5 and 6 Relationships, Sex and Health Education

Dear Parent/Guardian,

We would like to inform you that Year 5 and 6 will be having their RSHE day this week. We will be focusing on the following unit with the children during the day.

The content of the lessons will be based on the outline below.



Lesson aim:

Pupils can anticipate how their body may change as they approach and move through puberty.



Learning outcomes:

- I know how the male body can be affected by puberty
- I know how the female body can be affected by puberty
- I have thought about how these body changes might make people feel about themselves

We will be using scientific names for body parts and the reproductive system so your child may come home and want to discuss what they have learnt during the day.

If you would like to know more information about our programme of relationships and sex education, please familiarise yourself with the RSHE policy which can be found on our school website.

Please do feel free to contact your child's class teacher at any time if you would like to discuss our programme of RSHE or view the lesson materials in advance of this week's lesson.

Best Wishes,

Miss Brassley, Mr Cameron, Ms Turton and Mrs Davies